



I realized my husband's Alzheimer's symptoms had progressed when he didn't recognize our grandson.

IF YOUR LOVED ONE WITH MODERATE ALZHEIMER'S IS TAKING DONEPEZIL 10 MG,

**ASK IF NAMZARIC<sup>®</sup> MAY BE RIGHT FOR THEM.**

Once-daily NAMZARIC is a prescription medicine approved to treat moderate to severe Alzheimer's disease in patients who are taking donepezil hydrochloride 10 mg, the active ingredient in Aricept<sup>®</sup>.

### IMPORTANT RISK INFORMATION

**NAMZARIC should not be taken by anyone who:** has an allergy to memantine HCl, donepezil HCl, medicines that contain piperidines, or any of the ingredients in NAMZARIC.

**NAMZARIC** is the **FIRST AND ONLY** once-a-day treatment that works in 2 ways in the brain to help fight the symptoms of moderate to severe Alzheimer's disease (AD).

**IF YOUR LOVED ONE WITH MODERATE AD IS TAKING DONEPEZIL 10 MG, NAMZARIC MAY:**

- Improve cognition, also known as mental function
- Improve overall function
- Slow down the worsening of symptoms for a while

**There is no evidence that NAMZARIC prevents or slows the underlying disease process in patients with Alzheimer's disease.**

Please see additional Important Risk Information about NAMZARIC throughout. Please also see accompanying Brief Summary of Important Risk Information.

Aricept<sup>®</sup> is a trademark used by Eisai Inc. under license from Eisai R&D Management Co., Ltd.

**Namzanic<sup>™</sup>**  
(memantine HCl and donepezil HCl)  
extended-release capsules

7/10 mg, 14/10 mg, 21/10 mg,  
28/10 mg

## RECOGNIZE THE STAGES AND SYMPTOMS OF ALZHEIMER'S DISEASE

# UNDERSTANDING HOW ALZHEIMER'S DISEASE PROGRESSES CAN HELP YOU CARE FOR YOUR LOVED ONE



### WHAT IS



### ALZHEIMER'S?

Alzheimer's disease is a type of dementia that causes problems with memory, thinking, and behavior. It gets worse over time and continues to progress for the rest of a person's life.

### THERE ARE 3 STAGES OF ALZHEIMER'S DISEASE

As symptoms worsen over time, the disease will progress through 3 stages. In the early stage, you may notice some mild memory loss, but as the disease progresses to the moderate and severe stages, you may notice new symptoms appear or existing ones worsen.

- The **MODERATE** stage is often the longest stage, where your loved one will require a greater level of care. The moderate stage is typically when the fastest rate of decline occurs. Their symptoms will progress, and you may notice new symptoms
- When they have progressed to the **SEVERE** stage, your loved one may lose the ability to perform daily activities, like carrying on a conversation or even being aware of their surroundings. They may also become entirely dependent on your help in this stage

*If you notice any changes in your loved one's Alzheimer's symptoms, make an appointment to speak with their healthcare provider*

### RECOGNIZING



### THE SYMPTOMS

As a caregiver, you are the person most likely to notice changes in your loved one's Alzheimer's. Below are just a few of the everyday activities that may be affected by their Alzheimer's getting worse.

### EXAMPLES OF MODERATE STAGE ALZHEIMER'S SYMPTOMS THAT YOU MAY NOTICE:

- Difficulty managing personal finances (paying bills)
- Difficulty with household tasks (laundry, making meals)
- Continuously repeating stories
- Forgetfulness about one's own personal history
- Being unable to recall one's own address or phone number
- Needing help choosing proper clothing for the season
- Wandering or getting lost
- Changes in sleep patterns
- Problems with personal care (bathing, grooming, toileting)
- Feeling moody, withdrawn, or detached

### EXAMPLES OF SEVERE STAGE ALZHEIMER'S SYMPTOMS:

- May not recognize oneself or family
- May not communicate
- Lack of control of bowel or bladder
- Groaning, moaning, or grunting
- Needing help with all activities of daily living

The lists above include examples of common symptoms in the moderate and severe stages of Alzheimer's disease.



## NAMZARIC® MAY HELP IMPROVE YOUR LOVED ONE'S SYMPTOMS

### THE BENEFITS



### OF NAMZARIC

IF YOUR LOVED ONE WITH MODERATE ALZHEIMER'S DISEASE IS TAKING DONEPEZIL 10 MG, NAMZARIC MAY:

- **IMPROVE COGNITION**, also known as mental function
- **IMPROVE OVERALL FUNCTION**
- **SLOW DOWN** the worsening of **SYMPTOMS** for a while

**There is no evidence that NAMZARIC prevents or slows the underlying disease process in patients with Alzheimer's disease.**

*If your loved one is taking donepezil HCl 10 mg for moderate to severe Alzheimer's disease, talk to their healthcare provider and **ask if NAMZARIC is right for them***

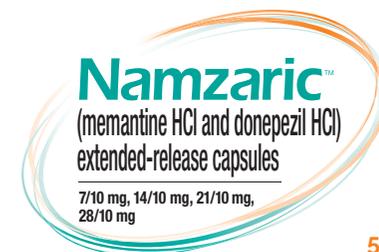
### IMPORTANT RISK INFORMATION

**Before taking NAMZARIC, tell the doctor about all of the patient's medical conditions, including:**

- heart problems including an irregular, slow, or fast heartbeat
- asthma or lung problems
- seizures
- stomach ulcers
- bladder, kidney, or liver problems
- any surgical, dental, or other medical procedures scheduled when anesthesia may be used

Tell the doctor about all the medicines the patient takes, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Please also see accompanying Brief Summary of Important Risk Information.



## ONCE-A-DAY CAPSULE THAT WORKS IN 2 WAYS

HOW DOES



NAMZARIC® WORK?

NAMZARIC is the **FIRST AND ONLY** once-a-day capsule that works on 2 pathways in the brain to help fight your loved one's moderate to severe Alzheimer's symptoms.

ACETYLCHOLINESTERASE  
PATHWAY



GLUTAMATE  
PATHWAY

### Namzatic WORKS IN 2 WAYS

**1. Acetylcholinesterase** (a·ce·tyl·cho·lin·es·ter·ase) inhibitors (AChEIs), such as **donepezil HCl**, are thought to work by slowing the breakdown of a chemical in the brain called acetylcholine. This chemical is involved in learning and memory.

**2. Glutamate** (glu·ta·mate) receptor blockers, such as **memantine HCl**, may help regulate the abnormal activity of glutamate—another chemical in the brain. This chemical is important in the processes of learning and memory.

**There is no evidence that NAMZARIC prevents or slows the underlying disease process in patients with Alzheimer's disease.**

### IMPORTANT RISK INFORMATION

**What are the possible side effects of NAMZARIC? NAMZARIC may cause serious side effects, including:**

- muscle problems in patients given anesthesia
- slow heartbeat and fainting. This happens more often in people with heart problems. Call the doctor right away if the patient faints while taking NAMZARIC.
- more stomach acid. This raises the chance of ulcers and bleeding especially when taking NAMZARIC. The risk is higher for patients who have had ulcers, or take aspirin or other NSAIDs.
- nausea and vomiting
- difficulty passing urine
- seizures
- worsening of lung problems in people with asthma or other lung disease

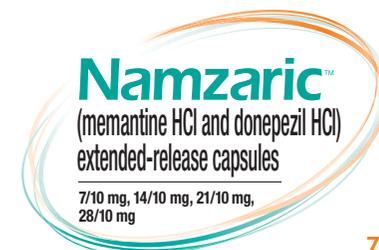
The most common side effects of memantine HCl include: headache, diarrhea, and dizziness. The most common side effects of donepezil HCl include: diarrhea, not wanting to eat (anorexia), and bruising.

These are not all the possible side effects of NAMZARIC.

Find out more at [NAMZARIC.com](http://NAMZARIC.com)

*Ask their healthcare provider today if  
NAMZARIC is right for your loved one*

Please also see accompanying Brief Summary of Important Risk Information.



IF YOUR LOVED ONE IS TAKING DONEPEZIL HCl 10 MG FOR THEIR MODERATE TO SEVERE ALZHEIMER'S

## LEARN HOW TO GET THEM STARTED ON NAMZARIC®

TAKING



NAMZARIC®

For your loved one taking donepezil HCl 10 mg and not currently on memantine HCl,\* ask their healthcare provider if NAMZARIC is right for them.



Donepezil HCl 10 mg  
once daily



NAMZARIC

NAMZARIC can provide combination therapy without having to add more pills.†

\*NAMENDA® (memantine HCl) twice daily or NAMENDA XR® (memantine HCl).

†The dose will gradually increase from 7 mg/10 mg to the maximum dose of 28 mg/10 mg over 4 weeks.

*If your loved one has difficulty swallowing pills, **NAMZARIC capsules may be opened and sprinkled on applesauce***

- This may make taking medicine easier for your loved one and for you
- Just make sure the full dose is taken all at once

**Namzanic™**  
(memantine HCl and donepezil HCl)  
extended-release capsules

7/10 mg, 14/10 mg, 21/10 mg,  
28/10 mg

Please see additional Important Risk Information about NAMZARIC throughout.

If their healthcare provider thinks NAMZARIC is right for them, your loved one will receive a Starter Pack that will help them transition from donepezil HCl 10 mg to NAMZARIC, following the schedule below.

Week 1—7 mg/10 mg



Week 2—14 mg/10 mg



Week 3—21 mg/10 mg



Week 4—28 mg/10 mg



Taken once daily in the evening. The dose of NAMZARIC will gradually increase over 4 weeks.

Your loved one should stay on the same dose for at least 7 days

The dose should only be increased if the previous dose was well tolerated

Color-coded capsules help your loved one reach the recommended target dose (28 mg/10 mg once daily)

- For patients with renal impairment, NAMZARIC 14 mg/10 mg once daily is the highest recommended dose

NAMZARIC is a prescription medicine approved to treat moderate to severe Alzheimer's disease in patients who are taking donepezil hydrochloride 10 mg.

### IMPORTANT RISK INFORMATION

**NAMZARIC should not be taken by anyone who:** has an allergy to memantine HCl, donepezil HCl, medicines that contain piperidines, or any of the ingredients in NAMZARIC.

Please also see accompanying Brief Summary of Important Risk Information.

FOR YOUR LOVED ONE CURRENTLY TAKING  
DONEPEZIL HCl AND MEMANTINE HCl

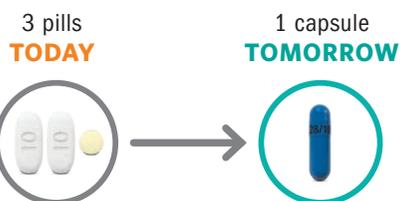
## THE CONVENIENCE OF ONCE-DAILY DOSING

TAKING



NAMZARIC®

If your loved one is currently taking NAMENDA® (memantine HCl) twice daily or NAMENDA XR® (memantine HCl) and donepezil HCl 10 mg, ask their healthcare provider if NAMZARIC is right for them.



NAMENDA 10 mg twice daily  
and donepezil HCl 10 mg

NAMZARIC 28 mg/10 mg

**Currently taking NAMENDA and donepezil?** The healthcare provider may instruct you to transition your loved one directly to once-a-day NAMZARIC the day after their last dose of NAMENDA and donepezil.



NAMENDA XR 28 mg  
once daily and  
donepezil HCl 10 mg

NAMZARIC 28 mg/10 mg

**Currently taking NAMENDA XR and donepezil?** The healthcare provider may instruct you to transition your loved one directly to once-a-day NAMZARIC the day after their last dose of NAMENDA XR and donepezil.

### How should NAMZARIC be taken?

- Once-a-day NAMZARIC should be taken with or without food in the evening, just before bedtime, as prescribed by your loved one's healthcare provider
- If your loved one misses one dose of NAMZARIC, take only the next dose as scheduled. Do not take 2 doses of NAMZARIC at the same time
- The capsules should be swallowed whole. They should not be divided, crushed, or chewed

NAMZARIC is a prescription medicine approved to treat moderate to severe Alzheimer's disease in patients who are taking donepezil hydrochloride 10 mg.

### IMPORTANT RISK INFORMATION

**Before taking NAMZARIC, tell the doctor about all of the patient's medical conditions, including:**

- heart problems including an irregular, slow, or fast heartbeat
- asthma or lung problems
- seizures
- stomach ulcers
- bladder, kidney, or liver problems
- any surgical, dental, or other medical procedures scheduled when anesthesia may be used

Tell the doctor about all the medicines the patient takes, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Please also see accompanying Brief Summary of Important Risk Information.

**Namzarin**<sup>™</sup>  
(memantine HCl and donepezil HCl)  
extended-release capsules

7/10 mg, 14/10 mg, 21/10 mg,  
28/10 mg



## SAVINGS, RESOURCES, AND SUPPORT

RESOURCES  FOR NAMZARIC®

### ONLINE RESOURCES FOR YOU AND YOUR LOVED ONE

NAMZARIC.com provides you and your loved one with easy-to-access resources that help educate you on the symptoms of the disease and about NAMZARIC. You will also find an in-depth symptom checklist to bring to the next doctor's appointment and a free trial offer for NAMZARIC. **Visit NAMZARIC.com to learn more.**

*With the NAMZARIC Trial Offer,\* your loved one could save on a **30-day trial supply of NAMZARIC at \$0 out-of-pocket cost***

\*With a valid prescription for NAMZARIC. Additional restrictions may apply.

Please also see accompanying Brief Summary of Important Risk Information.





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## Brief Summary of Important Risk Information

### NAMZARIC [nam-ZAIR-ick] (memantine hydrochloride and donepezil hydrochloride) extended-release capsules



This information does not take the place of talking to your doctor about your medical condition or your treatment.

### What is NAMZARIC?

NAMZARIC is a prescription medicine used to treat patients with moderate to severe Alzheimer's disease. NAMZARIC contains 2 medicines, memantine hydrochloride (HCl), an NMDA receptor antagonist, and donepezil HCl, an acetylcholinesterase inhibitor. NAMZARIC is for people who are taking donepezil HCl 10 mg.

### Who should not take NAMZARIC?

Do not take NAMZARIC if you are allergic to memantine HCl, donepezil HCl, medicines that contain piperidines, or any of the ingredients in NAMZARIC.

### What should I tell my doctor before taking NAMZARIC?

Before taking NAMZARIC, tell your doctor about all of your past and present medical conditions, including if you have:

- heart problems including an irregular, slow, or fast heartbeat
- asthma or lung problems
- seizures
- stomach ulcers
- liver, kidney, or bladder problems
- surgical, dental, or other medical procedures scheduled and anesthesia may be used

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

### What are the possible side effects of NAMZARIC?

NAMZARIC may cause serious side effects, including:

- muscle problems if you need anesthesia
- slow heartbeat and fainting. This happens more often in people with heart problems. Call the doctor right away if the patient faints while taking NAMZARIC
- more stomach acid. This raises the chance of ulcers and bleeding especially when taking NAMZARIC. The risk is higher for patients who had ulcers, or take aspirin or other NSAIDs
- nausea and vomiting
- difficulty passing urine
- seizures
- worsening of lung problems in people with asthma or other lung disease

The most common side effects of memantine HCl include: headache, diarrhea, and dizziness. The most common side effects of donepezil HCl include: diarrhea, not wanting to eat (anorexia), and bruising. These are not all the possible side effects of NAMZARIC.

Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

### How should I take NAMZARIC?

- Take NAMZARIC exactly as your doctor tells you to take it
- Do not change your dose or stop taking NAMZARIC without talking to your doctor
- Take NAMZARIC by mouth 1 time each evening before going to bed, with or without food
- NAMZARIC capsules may be opened and sprinkled on applesauce before swallowing. Sprinkle all of the medicine in the capsule on the applesauce. Do not divide the dose
- If you do not open and sprinkle NAMZARIC capsules on applesauce, the NAMZARIC capsules must be swallowed whole. Do not divide, chew, or crush NAMZARIC capsules
- If you miss a dose take NAMZARIC at your next scheduled dose. Do not take 2 doses of NAMZARIC at the same time
- Do not use any NAMZARIC capsules that are damaged or show signs of tampering

### What if I take more NAMZARIC capsules than I should?

If you take too much NAMZARIC, call Poison Control at 1-800-222-1222, or go to the nearest hospital emergency room right away.

### What other information should I be aware of?

- The use of NAMZARIC in children is not recommended
- You should not breast-feed during treatment with NAMZARIC
- Tell your healthcare provider if you are pregnant or planning to become pregnant

### Need more information?

The risk information provided here is not complete. It summarizes the most important information about NAMZARIC. If you would like more information, talk to your doctor.

For the FDA approved product labeling or for more information go to [NAMZARIC.com](http://NAMZARIC.com) or call 1-800-678-1605.

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NM292529 09/16