You have a lot on your mind, so it can be easy to forget questions or concerns until after you’ve left the doctor’s office. That’s why being prepared for your visit is so important.

To help prepare, print and fill out this guide so that you get all the answers you need.

**Tips for your next visit:**
- Tell your loved one’s doctor that you have recently learned about NAMZARIC®
- Discuss any treatments your loved one is currently taking for moderate to severe Alzheimer’s disease with his or her doctor

**Questions about treatment with once-daily NAMZARIC:**
Check any questions that you want to ask the doctor at your loved one’s next appointment.
- Is my loved one appropriate for treatment with NAMZARIC?
- Do you think NAMZARIC is right for my loved one?
- What are the possible side effects of NAMZARIC?

NAMZARIC is a prescription medicine approved to treat moderate to severe Alzheimer’s disease in patients who are taking donepezil HCl 10 mg, the active ingredient in Aricept®.

There is no evidence that NAMZARIC prevents or slows the underlying disease process in patients with Alzheimer’s disease.

**IMPORTANT RISK INFORMATION**

NAMZARIC should not be taken by anyone who: has an allergy to memantine HCl, donepezil HCl, medicines that contain piperidines, or any of the ingredients in NAMZARIC.

Before taking NAMZARIC, tell the doctor about all of the patient’s medical conditions, including:
- heart problems including an irregular, slow, or fast heartbeat
- asthma or lung problems
- seizures
- stomach ulcers
- bladder, kidney, or liver problems
- any surgical, dental, or other medical procedures scheduled when anesthesia may be used

Tell the doctor about all the medicines the patient takes, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of NAMZARIC?

NAMZARIC may cause serious side effects, including:
- muscle problems in patients given anesthesia
- slow heartbeat and fainting. This happens more often in people with heart problems. Call the doctor right away if the patient faints while taking NAMZARIC
- more stomach acid. This raises the chance of ulcers and bleeding especially when taking NAMZARIC. The risk is higher for patients who have had ulcers, or take aspirin or other NSAIDs
- nausea and vomiting
- difficulty passing urine
- seizures
- worsening of lung problems in people with asthma or other lung disease

The most common side effects of memantine HCl include: headache, diarrhea, and dizziness.

The most common side effects of donepezil HCl include: diarrhea, not wanting to eat (anorexia), and bruising.

These are not all the possible side effects of NAMZARIC.

Please see full Prescribing Information, including Patient Information.
Week of: ________________

List any symptoms or symptom changes you have noticed since your loved one’s last appointment:

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Medications taken:

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Changes in mental function:

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Changes in daily activities:

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Wake up: ___________________________ Bedtime: ___________________________

__________________________________________________________________________
__________________________________________________________________________

Changes in behavior/attitude:

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Changes in appetite/eating habits:

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Unusual incidents:

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________